

Useful Website Links for Families who Care for a Child with a Health Condition or Disability

	<p>https://swanaus.org.au/</p> <p>Provides information and support to families caring for a child with an undiagnosed or rare genetic condition for which there is no active face to face peer support group. Offer family days, morning teas, parent dinners, workshops, and online virtual events.</p>
	<p>http://toopeasinapodcast.com.au/ https://podcasts.apple.com/au/podcast/too-peas-in-a-podcast/id1470294201 https://play.acast.com/s/too-peas-in-a-podcast</p> <p>Listen to Mandy and Kate laugh (a lot) and cry as they chat with each other and friends about parenting multiples with disabilities and additional needs. This podcast has the potential to “normalise” what it is like to care for a child with a disability and will not disappoint.</p>
	<p>https://www.sourcekids.com.au/</p> <p>Source Kids is an online and print magazine that has been developed to deliver important information to those caring for and working with these children and young individuals. There are many parent stories and resources to help parents who care for a child with a disability.</p>
	<p>https://www.mytime.net.au/</p> <p>Mytime groups provide an opportunity to meet, socialise and share information with other parents and family carers of children with disabilities.</p>
	<p>https://www.ndis.gov.au/</p> <p>National Disability Insurance Scheme supports people with disabilities to connect with services and their community through a range of supports e.g. therapy. Participants need to meet the NDIA criteria to enter the scheme.</p>
	<p>https://www.carergateway.gov.au/</p> <p>Carer Gateway is a platform to connect with Carer Gateway service providers. They can talk through your needs and assist with finding local services and supports.</p> <p>https://counselling.carergateway.gov.au/s/for-carers-details</p> <p>The Carer Gateway offers a free counselling service for carers to assist them with their career role.</p>
	<p>http://www.companioncard.org.au/</p> <p>The Companion Card enables a person with a disability, carer free entry into participating venues and events. To qualify for a companion card, the person with a disability needs to demonstrate they have a life-long disability and require high-level support to attend community activities or events.</p> <p>It can be difficult for children to obtain a Companion Card as they would generally have their parents accompany them to community activities anyway. If you are applying for one, it is advisable to ask your paediatrician to complete the form.</p>
	<p>https://www.carercard.vic.gov.au/</p> <p>The card provides discounts and benefits to carers such as free weekend travel on public transport and concession fares during the week. (Victoria only)</p>

 <p>Carers Australia The voice for carers across Australia</p>	<p>https://www.carersaustralia.com.au/ Offer a carer advisory line, carer support groups, counselling, training and workshops.</p>
	<p>https://www.dss.gov.au/disability-and-carers/benefits-payments/carers-allowance Carer Allowance is a means-tested income supplement available to people who provide daily care and attention in a private home to a person with a disability or a severe medical condition.</p> <p>https://www.dss.gov.au/disability-and-carers/benefits-payments/carers-payment Carer Payment provides income support to people who, because of the demands of their caring role, are unable to support themselves through substantial paid employment. Carer Payment is income and assets tested and paid at the same rate as other social security pensions.</p>
 <p>Australian Disability Parking Permit</p>	<p>https://www.dss.gov.au/our-responsibilities/disability-and-carers/programmes-services/for-people-with-disability/australian-disability-parking-scheme Disabled persons parking permit application forms are available to be downloaded from local council websites. The form is required to be completed by the individual or nominated person, a specialist medical practitioner or clinical psychologist for people who have intellectual disabilities, or by a medical practitioner for all other disabilities. Please note that in some states, disability parking permit forms can be downloaded from your local municipalities website.</p> <p>ACT https://www.accesscanberra.act.gov.au/app/answers/detail/a_id/1677/~/parking-permits#!tabs-2</p> <p>NSW https://www.rms.nsw.gov.au/roads/using-roads/mobility-parking/permits/permit-types</p> <p>NT https://www.darwin.nt.gov.au/sites/default/files/publications/attachments/australian_disability_parking_permit_application_form_2020-2021.pdf</p> <p>QLD https://www.qld.gov.au/disability/out-and-about/travel-transport/driving/parking-permits</p> <p>SA https://www.sa.gov.au/_data/assets/pdf_file/0009/22113/MR256.pdf</p> <p>TAS https://www.transport.tas.gov.au/_data/assets/pdf_file/0004/109651/PT200 - TAS Guidelines and Application.PDF</p> <p>VIC https://www.vicroads.vic.gov.au/safety-and-road-rules/road-rules/disability-parking</p> <p>WA http://www.acrod.org.au/</p>
	<p>https://masterlocksmiths.com.au/mlak/ MLAK keys are able to be purchased by people with a disability which will open all toilets, playground equipment and other facilities fitted with a lock that uses the special MLAK cylinder.</p>